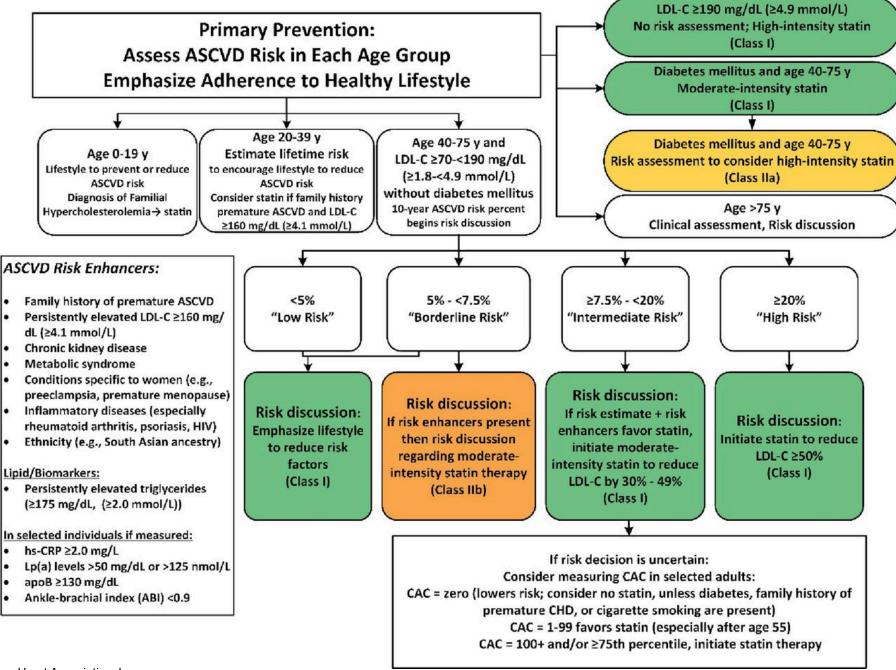
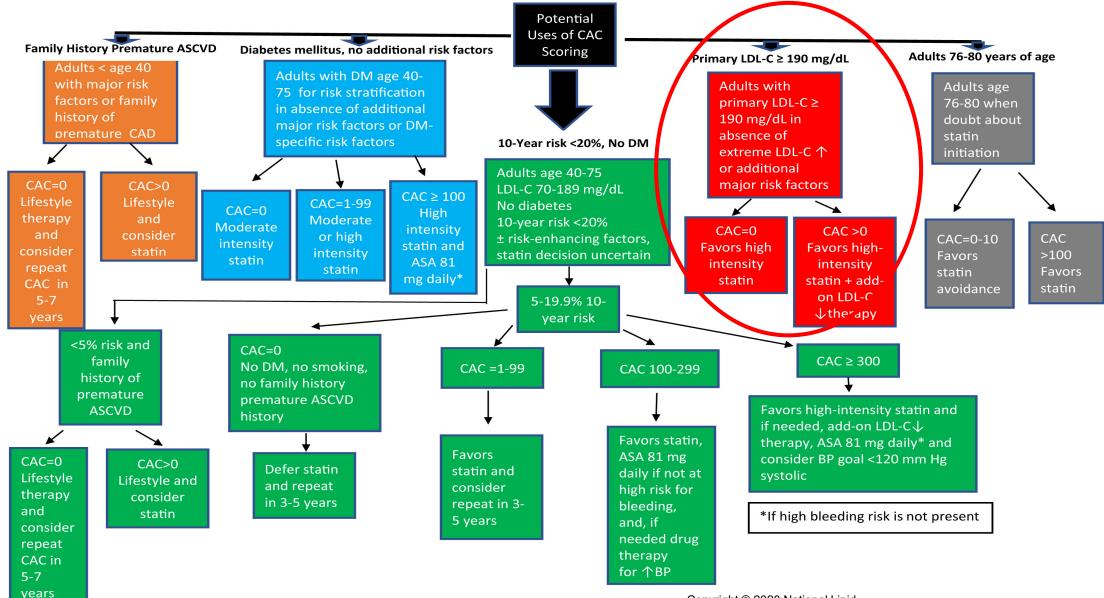
Cholesterol management in patients without ASCVD (primary prevention)



Donna K. Arnett et al. J Am Coll Cardiol 2019;74:e177-e232

Potential Users of CAC Scoring





Management in Known ASCVD

- 1. Healthy Lifestyle
- 2. Estimate risk of cardiovascular disease
- 3. Start high-intensity statin
 - 1. Goal lowering LDL-c >50%
 - 2. If unable to tolerate, use moderate-intensity statin, goal LDL-c lowering 30-49%
- 4. Add Ezetimibe (Zetia) 10mg
- Consider PCSK9 inhibitor (alirocumab or evolocumab) if not at goal.

